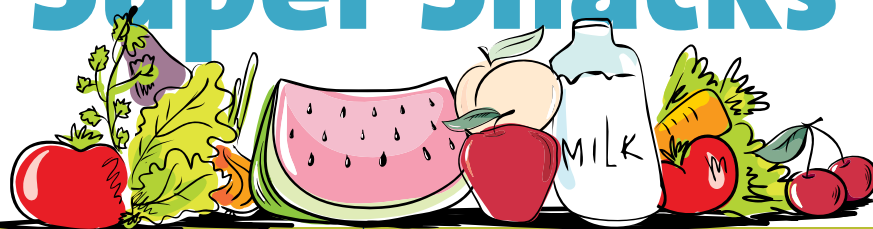




kidco
Community
Child Care Centres

Super Snacks



Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> > Lovely Loaf > Apple Slices 	<ul style="list-style-type: none"> > Whole Wheat English Muffin > Wow Butter 	<ul style="list-style-type: none"> > Whole Grain Cereal > Pretty Pear 	<ul style="list-style-type: none"> > Whole Wheat Bagel > Cream Cheese 	<ul style="list-style-type: none"> > Oaty Oatmeal > Bashful Banana
		> Milk	> Milk	> Milk	> Milk	> Milk
PM		<ul style="list-style-type: none"> > Radiant Rice Cake > Fruit Spread > Cool Cucumber 	<ul style="list-style-type: none"> > Yummy Yogurt > Melon Munchies 	<ul style="list-style-type: none"> > Banana Bread > Orange Sections 	<ul style="list-style-type: none"> > Trail Mix > Awesome Applesauce 	<ul style="list-style-type: none"> > Happy Hummus > Bread Sticks
Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> > Whole Grain Cereal > Pretty Pear 	<ul style="list-style-type: none"> > Raisin Toast > Melon Munchies 	<ul style="list-style-type: none"> > Whole Wheat Pancake > Fruit Spread 	<ul style="list-style-type: none"> > Groovy Granola > Orange Sections 	<ul style="list-style-type: none"> > Marvellous Muffin > Apple Slices
		> Milk	> Milk	> Milk	> Milk	> Milk
PM		<ul style="list-style-type: none"> > Tangy Tzatziki > Whole Wheat Crackers > Carrot Coins 	<ul style="list-style-type: none"> > Sassy Straws > Awesome Applesauce 	<ul style="list-style-type: none"> > Oatmeal Cookie > Bashful Banana 	<ul style="list-style-type: none"> > Cheery Cheese > Whole Wheat Crackers 	<ul style="list-style-type: none"> > Whole Wheat Pita > Cream Cheese > Cool Cucumber
Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> > Lovely Loaf > Apple Slices 	<ul style="list-style-type: none"> > Whole Wheat English Muffin > Wow Butter 	<ul style="list-style-type: none"> > Oaty Oatmeal > Pretty Pear 	<ul style="list-style-type: none"> > Whole Wheat Bagel > Cream Cheese 	<ul style="list-style-type: none"> > Whole Grain Cereal > Bashful Banana
		> Milk	> Milk	> Milk	> Milk	> Milk
PM		<ul style="list-style-type: none"> > Radiant Rice Cake > Fruit Spread > Cool Cucumber 	<ul style="list-style-type: none"> > Banana Bread > Melon Munchies 	<ul style="list-style-type: none"> > Happy Hummus > Bread Sticks 	<ul style="list-style-type: none"> > Trail Mix > Awesome Applesauce 	<ul style="list-style-type: none"> > Yummy Yogurt > Orange Sections
Week 4		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> > Whole Grain Cereal > Apple Slices 	<ul style="list-style-type: none"> > Whole Wheat Pancake > Fruit Spread 	<ul style="list-style-type: none"> > Groovy Granola > Bashful Banana 	<ul style="list-style-type: none"> > Raisin Toast > Orange Sections 	<ul style="list-style-type: none"> > Marvellous Muffin > Pretty Pear
		> Milk	> Milk	> Milk	> Milk	> Milk
PM		<ul style="list-style-type: none"> > Tangy Tzatziki > Whole Wheat Crackers > Carrot Coins 	<ul style="list-style-type: none"> > Oatmeal Cookie > Melon Munchies 	<ul style="list-style-type: none"> > Cheery Cheese > Whole Wheat Crackers 	<ul style="list-style-type: none"> > Sassy Straws > Awesome Applesauce 	<ul style="list-style-type: none"> > Whole Wheat Pita > Cream Cheese > Cool Cucumber

