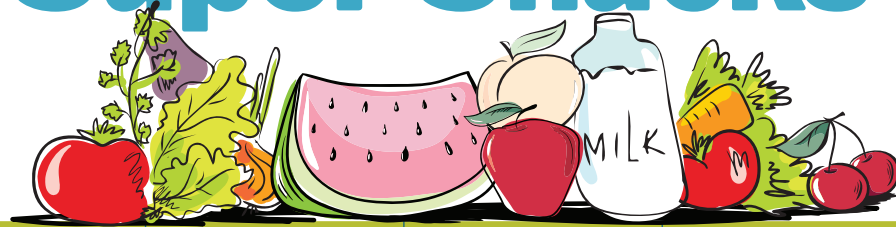




kidco
Community
Child Care Centres

Super Snacks



Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> ▶ Lovely Loaf ▶ Apple Slices 	<ul style="list-style-type: none"> ▶ Whole Wheat English Muffin ▶ Wow Butter 	<ul style="list-style-type: none"> ▶ Oaty Oatmeal ▶ Pretty Pear 	<ul style="list-style-type: none"> ▶ Multigrain Bagel ▶ Cream Cheese 	<ul style="list-style-type: none"> ▶ Whole Grain Cereal ▶ Bashful Banana
		▶ Milk	▶ Milk	▶ Milk	▶ Milk	▶ Milk
PM		<ul style="list-style-type: none"> ▶ Voila Vanilla Pudding ▶ Cantaloupe Cubes 	<ul style="list-style-type: none"> ▶ Yummy Yogurt ▶ Melon Munchies 	<ul style="list-style-type: none"> ▶ Banana Bread ▶ Orange Sections 	<ul style="list-style-type: none"> ▶ Trail Mix ▶ Awesome Applesauce 	<ul style="list-style-type: none"> ▶ Happy Hummus ▶ Bread Sticks

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> ▶ Whole Grain Cereal ▶ Pretty Pear 	<ul style="list-style-type: none"> ▶ Raisin Toast ▶ Melon Munchies 	<ul style="list-style-type: none"> ▶ Whole Wheat Pancake ▶ Fruit Spread 	<ul style="list-style-type: none"> ▶ Yummy Yogurt ▶ Groovy Granola 	<ul style="list-style-type: none"> ▶ Marvelous Muffin ▶ Apple Slices
		▶ Milk	▶ Milk	▶ Milk	▶ Milk	▶ Milk
PM		<ul style="list-style-type: none"> ▶ Garden Salsa ▶ Tortilla Chips ▶ Carrot Coins 	<ul style="list-style-type: none"> ▶ Oatmeal Cookie ▶ Bashful Banana 	<ul style="list-style-type: none"> ▶ Cheery Cheese ▶ Whole Wheat Crackers 	<ul style="list-style-type: none"> ▶ Pizza Stackers ▶ Orange Sections 	<ul style="list-style-type: none"> ▶ Superb Herb Spread ▶ Whole Wheat Crackers ▶ Cool Cucumber

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> ▶ Lovely Loaf ▶ Apple Slices 	<ul style="list-style-type: none"> ▶ Whole Wheat English Muffin ▶ Wow Butter 	<ul style="list-style-type: none"> ▶ Oaty Oatmeal ▶ Pretty Pear 	<ul style="list-style-type: none"> ▶ Multigrain Bagel ▶ Cream Cheese 	<ul style="list-style-type: none"> ▶ Whole Grain Cereal ▶ Bashful Banana
		▶ Milk	▶ Milk	▶ Milk	▶ Milk	▶ Milk
PM		<ul style="list-style-type: none"> ▶ Voila Vanilla Pudding ▶ Cantaloupe Cubes 	<ul style="list-style-type: none"> ▶ Banana Bread ▶ Melon Munchies 	<ul style="list-style-type: none"> ▶ Happy Hummus ▶ Bread Sticks 	<ul style="list-style-type: none"> ▶ Trail Mix ▶ Awesome Applesauce 	<ul style="list-style-type: none"> ▶ Yummy Yogurt ▶ Orange Sections

Week 4		Monday	Tuesday	Wednesday	Thursday	Friday
AM		<ul style="list-style-type: none"> ▶ Whole Grain Cereal ▶ Orange Sections 	<ul style="list-style-type: none"> ▶ Whole Wheat Pancake ▶ Fruit Spread 	<ul style="list-style-type: none"> ▶ Yummy Yogurt ▶ Groovy Granola 	<ul style="list-style-type: none"> ▶ Raisin Toast ▶ Bashful Banana 	<ul style="list-style-type: none"> ▶ Marvelous Muffin ▶ Pretty Pear
		▶ Milk	▶ Milk	▶ Milk	▶ Milk	▶ Milk
PM		<ul style="list-style-type: none"> ▶ Pizza Stackers ▶ Apple Slices ▶ Carrot Coins 	<ul style="list-style-type: none"> ▶ Oatmeal Cookie ▶ Melon Munchies 	<ul style="list-style-type: none"> ▶ Garden Salsa ▶ Tortilla Chips 	<ul style="list-style-type: none"> ▶ Cheery Cheese ▶ Whole Wheat Crackers 	<ul style="list-style-type: none"> ▶ Superb Herb Spread ▶ Whole Wheat Crackers ▶ Cool Cucumber

